

# ECHOES

COVENANT UNITED METHODIST CHURCH

October, 2018

Issue 63, Number 9

## Prayer Power



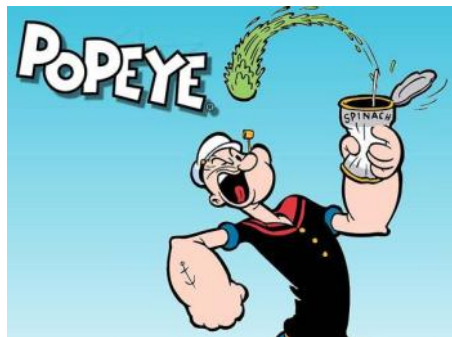
by Pastor  
Quentin Wallace

*Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. Elijah was a human being, even as we are. He prayed earnestly that it would not rain, and it did not rain on the land for three and a half years. Again he prayed, and the heavens gave rain, and the earth produced its crops. (James 5:13-19)*

When I was a kid, I used to enjoy a cartoon entitled, "Popeye the Sailor Man." Popeye would get into physical altercations primarily with his arch nemesis Bluto while trying to protect the honor of his fickle girlfriend Olive Oyl. Every now and again Popeye would find himself on the losing end of a brutal fight with Bluto. But just when Popeye was looking defeated and he had no more strength to fight, he would suddenly squeeze a can of spinach out of his shirt or pants

pocket. After eating the spinach he would be strengthened and ultimately win a battle he would have lost otherwise. The message to kids in this cartoon series was eat your spinach because it has the power to strengthen you.

In the above scripture passage, James, the brother of Jesus, highlights prayer power and the importance of communication with God. Prayer and scripture are the tools of the Christian and are used for guidance on this faith journey to provide strength in



times of weakness and uncertainty.

Popeye would carry his spinach everywhere, and whenever fights arose or adversity came he knew he could trust in his spinach so he kept it handy.

What if Christians trusted in their prayers to renew them as Popeye trusted in his spinach?

In the scriptural passage above, James described how Elijah, the Old Testament prophet, operated on Prayer Power and how praying to God in

faith allowed the ill to recover, sins to be forgiven, and lives to be transformed. Because we each could use a little more prayer power, let us pray the following prayer together this month:

***Dear Lord, please walk and talk with each of us and increase our trust in you each day. Heal us physically and spiritually, and fill us with joy and contentment regardless of the circumstances. Strengthen us where we are weak, increase our love for you, our neighbors, and humankind in general. Please allow us to be your instruments of continued prayer and praise in all we do. In Jesus Name We Pray. Amen.***

## JOIN THE CELEBRATION

**On Sunday, October 14, we will acknowledge Bill Kepner's retirement and celebrate his 35 years of dedicated service to Covenant's music program.**

**There will be a special cake to share in the Gathering Area and a presentation at the 10:20 service. Please come out to greet Bill and express your personal appreciation for all his work on behalf of the church.**

# Short & Sweet

## LET'S REMEMBER OUR SHUT-INS THROUGHOUT THE YEAR

The Care Team wants to remember our Covenant shut-ins all throughout the year, not just at Christmas time. Therefore, a shut-in address list, with birthdays listed, will be available to pick up in the Gathering Area at any time. Drop a note or send a card to those members who are no longer able to attend church. This will help to brighten their day.

## VISITATION

Our Care Team would like to encourage you, if you are scheduled for surgery, hospitalization, or any unexpected hospitalization, to call the church office. The office will then inform the Care Team. You can also have someone else call on your behalf. Lancaster General Hospital is called on a daily basis, but UPMC Pinnacle hospitals are not. So it is even more important to let us know if you are in either of the UPMC Pinnacle facilities in Lancaster or Lititz. We don't want to miss anyone who might appreciate a visit!

## MOOS REQUESTS

MOOS is currently in need of new volunteers for this upcoming school year. They need regular volunteers that help once a week as well as substitutes. Please contact Amber Rieger (717-368-7319) or send an email to [thomaar05@gmail.com](mailto:thomaar05@gmail.com) if you are interested. MOOS is also in need of new or gently used children's books. They are needed to replace books that were damaged recently by water.

## ELDERBERRIES TO MEET

The Elderberries will meet on Tuesday, October 16 from 12-2 pm in Bethany Hall. Please bring a covered dish to share.

## COMMUNITY TABLE SEEKS DONATIONS

The Community Table is now meeting the third Monday morning (8:00 a.m.) of each month. Thank you for your generous donations of Nutri Grain bars. They now have an excellent supply. The need now is for hot chocolate packets. As cooler weather approaches they serve cups of hot chocolate to students and parents. You may drop your donations of hot chocolate off at the church office and note that they are for the Community Table. Thank you!

## OPERA LANCASTER PERFORMS

Opera Lancaster will be presenting another concert in their Community Series, this time featuring operatic trios called "Three's A Crowd". The concert will be held on October 28 at 4pm at First United Methodist Church on Walnut Street. Tickets are \$10 and can be purchased at the door or at [www.operalancaster.com](http://www.operalancaster.com). Our own John Darrenkamp will be singing in the concert.

## WEDNESDAY PRAYER GROUP

The Wednesday Prayer Group invites you to be part of the prayer time on Wednesday mornings from 10:15-10:45 a.m. The group is lead by Minister Santa Jenkins and Pastor Sally Ott. Come and join them as they pray, all are welcome.

## UMW THANK OFFERING SUNDAY

The UMW will hold their annual Thank Offering service on Sunday, November 18. Minister Brenda will be the guest speaker.

## NURSERY NOW AVAILABLE

The nursery is now fully staffed during our 10:20 service. Please feel free to bring your infants and toddlers and preschool aged children to the nursery located on the 2nd floor. According to our safe sanctuary policy, there will be two nursery workers present to provide a loving and fun experience for your child.

## CHRISTIAN EDUCATION FOR CHILDREN & YOUTH

Covenant is excited to offer a robust Christian education program for all ages. Please bring your children, grandchildren, and neighbors to participate in the various groups.

CLASS	LEVEL	TIME	LOCATION
Sunday School	K-5	9	Upper Level
Nursery	Infant-Pre/Sch	10:20	Upper Level
Connect!**	K-5	10:20	Bethany Hall
Youth **	6-12	10:20	Lower Level

\*\* Not held on first Sunday of the month

## NO TRICKS; JUST TREATS!

The nurture team will be hosting a car in the Parish Resource Center's annual Trunk or Treat event on October 16. We are in need of a lot of candy and treats. Last year they had over 350 children and parents. This is an opportunity for Covenant to have a presence and introduce a larger audience to our ministries particularly those involving children and youth. There will be a box in the gathering area to receive your generous donations of non-peanut candies and other treats. Monetary donations can be given to Minister Brenda or left at the office. Thanks in advance for supporting our evangelistic ministry.

# We Worship Together

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## **October 7, 2018— 20th Sunday after Pentecost**

### **Holy Communion - One Combined Service at 10:20**

Pastor Wallace will offer the message at our combined First Sunday Communion service at 10:20 a.m. Music will be provided by the Praise Team and Chancel Choir. In celebration of Hispanic Heritage month, there will be a Hispanic food sampling following the 10:20 a.m. service in Bethany Hall.

## **October 14, 2018— 21st Sunday After Pentecost**

**Contemporary Worship (9:00) and Traditional Worship (10:20):** Pastor Wallace will bring the message during both worship services. Both the Chancel Choir and the Bell Choir will participate in the 10:20 a.m. service. Amber Rieger and Jacob Farneth from MOOS will present the Mission Minute at both services. Jenny Engle, chair of Stewardship, will give a brief presentation at 9:00 a.m. and 10:20 a.m.

## **October 21, 2018— 22nd Sunday After Pentecost**

**Contemporary Worship (9:00) and Traditional Worship (10:20):** Pastor Wallace will deliver the message at both the 9:00 a.m. and 10:20 a.m. services. The Chancel Choir will sing at 10:20.

## **October 28, 2018—23rd Sunday After Pentecost**

**Contemporary Worship (9:00) and Traditional Worship (10:20):** Pastor Wallace will preach during both worship services. Music will be provided by the Chancel Choir during the 10:20 a.m. service.

## **November 4, 2018— 24th Sunday after Pentecost**

### **Holy Communion—One Combined Service at 10:20—All Saints Sunday—Daylight Savings Time Ends**

On this first Sunday we will observe All Saints Sunday. Members that have passed since the 2017 All Saints Sunday will be remembered. Pastor Wallace will offer the message at our combined First Sunday Communion service at 10:20 a.m. Music will be provided by the Praise Team and Chancel Choir.

### **LEADERSHIP TEAM NOMINATIONS**

The process of nominating persons to serve on the Leadership Team of the church begins October 7 and ends on the 28th. You may submit nominations until October 28. Voting will take place at a special Church Conference on Sunday, November 11, following the 10:20 service. All are encouraged to attend. Nomination forms are available in the Gathering Area. Place completed ballots in the box labeled "leadership team." Please be sure to sign your ballot. If it is not signed, the ballot will be discarded.

# Harvest Home

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It's not too early to start thinking about Harvest Home. Although we will not officially celebrate it at Covenant Church until Sunday, November 18, we will start collecting non-perishable food items during the month of October, up to and including Harvest Home Sunday.

Items such as canned soups and vegetable, cereal, rice, pasta, peanut butter, etc. can be put in the basket in the Gathering Area. Once collected, the food will be displayed in the sanctuary and then delivered to the Lancaster County Council of Churches Food Bank and then distributed to those in need.





# Volunteers for October

## October 7

**Anchorite:** 10:20 - Betty Farkas

**Hallway Greeter:** 10:20 - Ruth Neuman

**Lobby Greeters:** 8:40 - Ruth Neuman & Brenda Roth; 10:00 - Lori Brown & Tina Butler

## October 14

**Anchorite:** 10:20 - Nancy Grau

**Hallway Greeters:** 10:20 - Phil & Cindy Biechler

**Lobby Greeters:** 8:40 - Cindy & Bob Hean; 10:00 - Youth

## October 21

**Anchorite:** 10:20 - Ruth Neuman

**Hallway Greeters:** 10:20 - Bill & Nancy Grau

**Lobby Greeters:** 8:40 - Mary Lou Hill; 10:00 - Rev. Guy & Sandy Carrigan

## October 28

**Anchorite:** 10:20 - Corey Dick

**Hallway Greeter:** 10:20 - Carole Horn

**Lobby Greeters:** 8:40 - Mee Kyung Schuler; 10:00 - Janice & Harold Ulmer

## OCTOBER USHERS

Glenn Miller, Head Usher

Abe Keener; Marilyn Keener;

Joan Miller; Ron Kimmich

## NOVEMBER USHERS

Don Dale, Head Usher

Linda Henning; John Longenecker;

Glenn Miller

# Covenant Members in Business



## **Conestoga Innovations Promotional Products** (for all your advertising needs)

Wanda Snyder, 1.800.759.8885 or sales@conestoga-innovations.com

## **CTC Lollipop Company**

414 N. Pine Street, 717.509.5916  
Tues.-Fri. 11am-7pm; Sat. 9am-2pm

## **Dale Building Designs**

Donald A. Dale, 872.4263  
2086 New Danville Pike, Lanc., 17603  
www.DonDaleDesigns.com

## **Groffs Family Funeral & Cremation Services, Inc.**

Thomas S. Buter, 394.5300  
528 W. Orange St.

## **Interiors by Kristen**

Kristen Stemmer, 875.4014  
2086 New Danville Pike, Lanc. 17603

## **JM Services**

Jeff and Brad McGary  
Interior & Light Exterior Painting,  
Handyman, and Junk Removal  
717.330.9616 or jcmcgary@comcast.net

## **Kresge Computer Consultation**

Roger Kresge, 299.4613 or rkresge123@comcast.net

## **Miller Optical**

Glenn & Maryanne Miller, 393.2020  
Glasses, Contacts, and Exams  
Lancaster & Willow Street

## **Richard B. MacDonald**

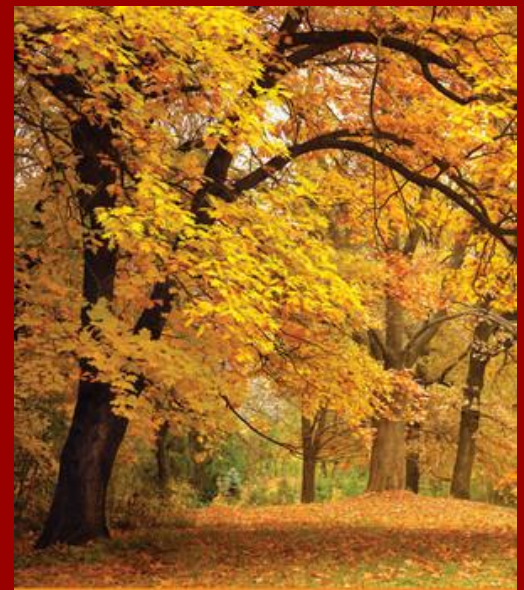
Attorney at Law  
312 W. Orange St., Lancaster  
717.394.1508

## **Steve's Automotive Technology**

Steve Sultan  
PA Safety and Emission Inspections  
1027 Dillersville Rd #16  
666.3646

## **Willard Hypnosis Center**

Roger J. Willard  
3304 Main Street, Conestoga PA 17516  
717.872.7561 or willardhypnosis.com



# Here's to Good Health

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I love the fall colors but feel a little sad as the days grow shorter and nights grow longer. Maybe you feel the same way.

One thing that happens with that change is that night driving can become more of a challenge. This month I want to give you some tips to keep you safe as you drive at night.

As we get older we experience age related changes in our eyesight. Cataracts can make it more difficult to see clearly at night. You may have trouble reading road signs, adapting to glare from headlights, or correctly judging distances and speed of other cars.

Here are some general measures you can take to help you drive safely at night. I also have some specific precautions for anyone getting behind the wheel.

- Stay current with eye exams.
- Wear glass that are anti-reflective and that don't obstruct your peripheral vision.
- Check with your doctor about the side effects of any medications you are taking. Could they affect your driving abilities?
- Be sure your headlights and windshield are clean. Are your headlights aimed correctly?

- Don't drive if you feel impaired or sleepy.
- Take a driving course. AAA offers a driver improvement program, or check about an AARP course. Even if you are an experienced driver it doesn't hurt to take a refresher course.

Here are some precautions whenever you drive.

- Slow down so you have time to react and stop if you need to.
- Minimize distractions, such as fiddling with the radio, eating or drinking.
- Stay alert to the other drivers.
- Pull over if you must check directions or use your cell phone for a call or text. Remember...PA law is DON'T TEXT AND DRIVE!

Safe driving!

Cindy Smith  
Wellness Coach

## Jim Woodford To Share His Story

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Covenant Church is pleased to welcome Jim Woodford on Sunday, October 21, at 2:00 p.m. Jim will be sharing his amazing story of heaven...how he died, walked with angels, met Jesus, and is now living a life devoted to God! You will not want to miss this opportunity to hear Jim's life changing story. Be sure to bring your friends and your family to hear all Jim has to share.

# **Covenant UM Church**

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Senior Pastor's Phone: 610-334-3440

Office Hours: M, W,Th, 8:30-3:30; Tue. Fri., 8:30-Noon

## **Church Staff**

The Reverend Quentin E. Wallace, Senior Pastor

The Reverend Sally Ott, Visitation & Witness

Minister Santa Jenkins, Youth Director

The Reverend Dr. Guy Carrigan, Director of Evangelism

Mr. Jeffrey McGary, Echoes Editor

Mrs. Virginia Landis, Office Manager

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